


WEEK 2

Classic Favourites
MONDAY 

EASTERN
TUESDAY 

Great British
WEDNESDAY 

SOUTHERN STYLE
THURSDAY 

Fish & Chips
FRIDAY 

MAIN MEAL

TRADITIONAL SAUSAGE & MASH
Onion Gravy, Broccoli

MILD CHICKEN KORMA
50/50 Rice, Poppadums, Pickle Tray

ROAST GAMMON
Stuffing, Yorkshire Pudding, Seasonal Vegetables, Gravy

SWEET N SOUR CHICKEN
Rice

FRESHLY BATTERED FISH/ SALMON FISHCAKES
Chips, Minted Peas

VEGETARIAN MEAL

VEGAN SAUSAGE & MASH
Onion Gravy, Broccoli

SQUASH CHICKPEA & SPINACH BALTI
50/50 Rice, Poppadums, Pickle Tray

GOATS CHEESE & ONION MARMALADE WELLINGTON
Seasonal Vegetables, Veggie Gravy

SPRING ROLL
Rice, Sweet n Sour Sauce

CHICKPEA & CORIANDER BURGER
Wedges, Coleslaw

PASTA POTS

TOMATO & BASIL

PESTO PASTA

QUORN BOLOGNAISE

ARRABIATA

CARBONARA

FLORENTINE

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

CLASSIC APPLE PIE
Ice Cream

PINEAPPLE UPSIDE DOWN PUDDING
Vanilla Sauce

JAM SPONGE
Custard

BOSTON BROWNIE
Ice Cream

CREPE BAR
Fruit Sauces

FRUIT POT

WATERMELON

PINEAPPLE & TOFFEE

FRESH FRUIT SALAD

ORANGE WEDGES

GRAPES

JELLY POTS

STRAWBERRY

ORANGE

RASPBERRY

LEMON

MIXED BERRY

YOGHURT POTS

GREEK STYLE HONEY

LEMON

STRAWBERRY

MANGO

PASSION FRUIT

TRY OUR HOME-MADE
SOUP
WITH FRESHLY BAKED BREAD

LOOK OUT FOR
AMAZING BLUE DOT MEAL DEALS


PIZZAS, WRAPS & PANINIS
FRESH OPTIONS EVERY DAY

TAKE HOME A TAKEAWAY
Collect Before You Go Home

LUNCH MEAL DEAL
Check out what's on offer today!


WATCH OUT FOR OUR
POP UP & STREET FOOD PROMOTIONS

 All of Our Deli Range, Sandwiches, Salads & Desserts are
FRESHLY MADE HERE DAILY



WEEK 3

Classic Favourites
MONDAY



EASTERN
TUESDAY



Great British
WEDNESDAY



SOUTHERN STYLE
THURSDAY



Fish & Chips
FRIDAY



MAIN MEAL

GREEK MEATBALL PITTA
Chopped Salad, Oregano Wedges

CHICKEN KATSU CURRY
50/50 Rice, Stir Fried Greens

ROAST TURKEY
Stuffing, Yorkshire Pudding, Seasonal Vegetables, Gravy

FERNANDO'S CHICKEN IN A BUN
Cajun Wedges, BBQ Beans, Coleslaw

FRESHLY BATTERED FISH/ SALMON FISHCAKES
Chips, Garden Peas

VEGETARIAN MEAL

PLANT-BASED MEATBALL PASTA BAKE
Salad, Garlic Bread

SPRING ROLL
50/50 Rice, Stir Fried Greens

MATURE CHEDDAR & BROCCOLI QUICHE
Mixed Salad or Seasonal Vegetables

'V' BURGER
Cajun Wedges, BBQ Beans, Coleslaw

GRILLED VEGETABLE & QUORN SKEWERS
Mixed Salad

PASTA POTS

TOMATO & BASIL

PESTO PASTA

QUORN BOLOGNAISE

ARRABIATA

CARBONARA

FLORENTINE

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

WAFFLE BAR
Fruit Compote

JAM ROLY POLY
Custard

STICKY TOFFEE PUDDING
Toffee Sauce

CHOCOLATE BREAD & BUTTER PUDDING
Custard

APPLE & PEAR CRUMBLE
Ice Cream

FRUIT POT

WATERMELON

PINEAPPLE & TOFFEE

FRESH FRUIT SALAD

ORANGE WEDGES

GRAPES

JELLY POTS

STRAWBERRY

ORANGE

RASPBERRY

LEMON

MIXED BERRY

YOGHURT POTS

GREEK STYLE HONEY

LEMON

STRAWBERRY

MANGO

PASSION FRUIT

TRY OUR HOME-MADE SOUP
WITH FRESHLY BAKED BREAD

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